1. Crops: Growing Problems
   How are crops grown industrially?

2. Animals: Field to Factory
   How are meat, milk, and eggs produced industrially?

3. Seafood: Wild and Farmed
   Where does our seafood come from?

4. The Hands That Feed Us
   Who harvests, processes, serves, and sells our food?

5. Our Changing Climate
   How is agriculture connected to climate change?

6. Turning Toward Sustainability
   How are some people making their farms more sustainable?

7. Our Food’s Journey
   Why is food transported over long distances?

8. Keeping Our Food Safe
   Where is our food supply at risk of contamination?

9. Processing: Farm to Factory
   Why and how are foods processed?

10. Decoding Food Labels
    How can we interpret the information on food packages?

11. Marketing: Under the Influence
    How do food companies market their products?

12. Why We Eat What We Eat
    What factors influence our food choices?

13. Our Wasted Food
    How much food do we waste and why does it matter?

14. The Hunger Gap
    How do hunger and food insecurity affect people?

15. Food Policy in Action
    What is the role of government in the food system?