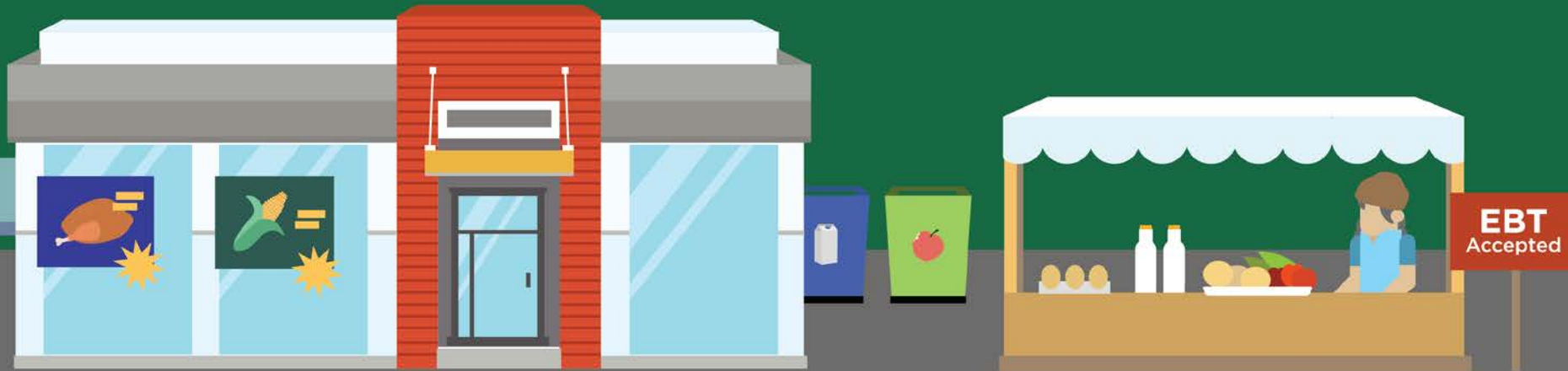




# The Maryland Hunger Gap



# Food Security Definition

Consistent access to enough safe, nutritious food for an active, healthy life, without resorting to emergency food programs, scavenging, or stealing.



Source: Andrews M, Nord M, Bickel G, Carlson S. *Household food security in the United States, 1999*. USDA ERS. 2000.

Photo credit: Michael Milli, CLF.

# Household Food Insecurity

Members of food-insecure households may:

- Be forced to skip meals
- Be unable to afford balanced meals
- Worry their food will run out before they can afford to buy more
- Eat less than they feel they should because they lacked money to buy more
- Lose weight because there wasn't enough money for food

Source: Coleman-Jensen A, Nord M, Andrews M, Carlson S. *Household Food Security in the United States in 2010*. USDA ERS. 2011.

Photo credit: Michael Milli, CLF.



# Household Food Insecurity

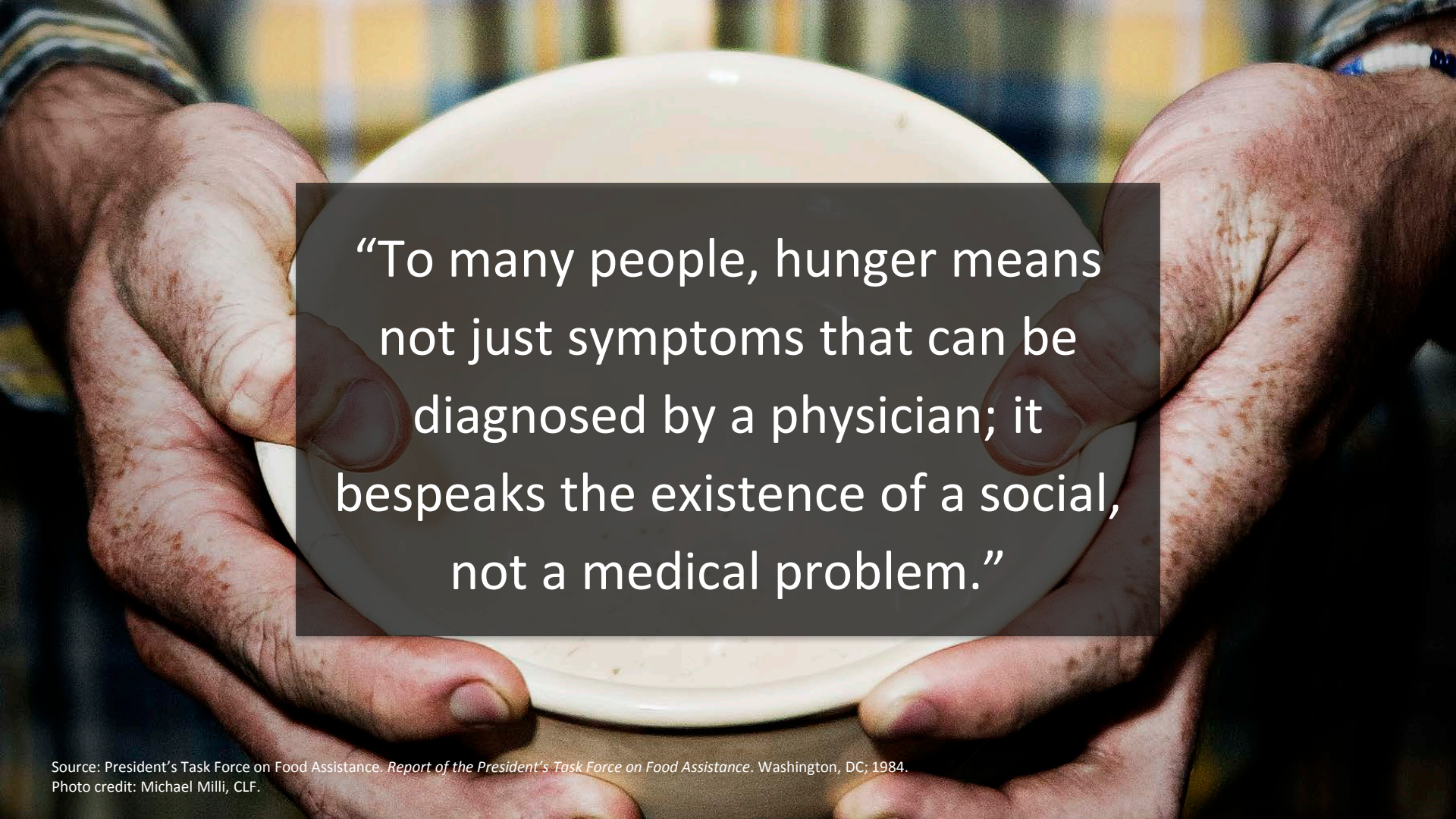
Who in the U.S. experienced food insecurity in 2015?

- 13% (one in eight) of all households
- 6% of households with incomes above 185 percent of the poverty line
- 33% of households with incomes below 185 percent of the poverty line
- 10% of white, non-Hispanic households
- 19% of Hispanic households
- 22% of black, non-Hispanic households

Source: Coleman-Jensen A, Rabbitt M, et al. *Household Food Security in the United States in 2015*. USDA ERS. 2016.

Photo credit: Michael Milli, CLF.





“To many people, hunger means not just symptoms that can be diagnosed by a physician; it bespeaks the existence of a social, not a medical problem.”

Source: President's Task Force on Food Assistance. *Report of the President's Task Force on Food Assistance*. Washington, DC; 1984.

Photo credit: Michael Milli, CLF.